

FORREST YOGA



CERTIFICATE OF COMPLETION
FORREST YOGA HONORS

Sarah Cox

HAS SUCCESSFULLY COMPLETED THE REQUIREMENTS TO BECOME A
FORREST YOGA TEACHER
LEVEL 2

WHICH INCLUDES:

Forrest Yoga Foundation Teacher Training
204 Hours

Homework Completion
Approximately 400 Hours

August 14, 2018

Ana T. Forrest

Ana T. Forrest
Breath. Strength. Integrity. Spirit.