

FORREST YOGA



**CERTIFICATE OF COMPLETION**  
FORREST YOGA HONORS

**Sarah Cox**

FOR SUCCESSFULLY COMPLETING  
**FORREST YOGA MENTORSHIP PROGRAM**

**69.50 HOURS OF CONTINUING EDUCATION**

Equilibrium Yoga and Well-Being Centre  
Peterborough, UK

December 2, 2017

*Ana T. Forrest*

**Ana T. Forrest**  
Breath. Strength. Integrity. Spirit.

*S. Robinson*

**Sandra Robinson**  
Forrest Yoga Guardian