



FORREST
YOGA

CERTIFICATE OF COMPLETION
FORREST YOGA HONOURS

Sarah Cox

For Successfully Completing

**FORREST YOGA
300HR
TEACHER TRAINING**

DECEMBER 2017 - SEPTEMBER 2020

Ana T. Forrest

CREATRIX OF
FORREST YOGA

Jose Calarco

CO-DIRECTOR
OF FORREST YOGA

CERTIFICATE

BREATH INTEGRITY STRENGTH SPIRIT

OFFICIAL CERTIFICATE OF FORREST YOGA® 2017

