

FORREST YOGA



**CERTIFICATE OF COMPLETION**  
FORREST YOGA HONORS

**Sarah Cox**

FOR SUCCESSFULLY COMPLETING  
**FORREST YOGA**  
**CONTINUING EDUCATION FOR TEACHERS**

**44.5 HOURS OF EMOTIONAL PROCESS AND TRANSFORMATION**

Leith Yoga  
Edinburgh, Scotland

November 8-13, 2019

*S. Robinson*

**Sandra Robinson**  
Forrest Yoga Guardian  
Breath. Strength. Integrity. Spirit.